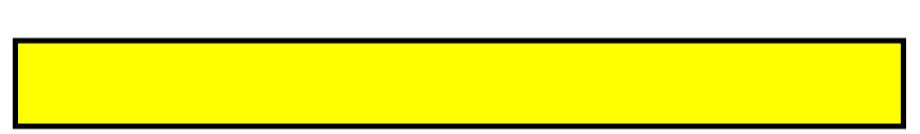


Brainsport Kids of Steel Triathlon



Bike Route 

- 1 lap under 7**
- 2 lap 8/9**
- 4 lap 10/11**
- 6 lap 12/13 & 14/15**

Run Loop 

- 1 lap under 7**
- 2 lap 8/9**
- 4 lap 10/11**

Run Loop 

- 2 lap 12/13 & 14/15**

Transition 1 -swim transition, towel, shoes and helmet here!

Transition 2 -bike transition, just your bike goes here!

 - **Water stations**

 **Volunteers**

Transition 1

Swim Here

Transition 2

Finish

Bike Loop through here

Bike Dismount Line

Run Start

Bike Mount